

Recipe for Success

Material taken from "101 Tips for Officials"

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Publications for the officials in the Game of Lacrosse

- **Cultivate your voice** – Loud enough to be heard, but not challenging.
- **Avoid provoking people** – Don't give them an opportunity to fire back.
- **Questions may or may not be answered** – Statements require no answer!
- **The more you say, the less it means** – Don't get into the "Yeah, but" syndrome. You have 2 ears, and only 1 mouth. So listen!
- **Appearance is important** – Be neat and sell yourself.
- **Eye contact is a must** – Communication starts here.
- **Officiate the defense** – Always try to improve your angle.
- **As the game get hotter, officials must get cooler** – Don't raise your voice, and keep your cool.
- **Don't get mad** – Don't say anything that will come back at you later.
- **Hustle, yes; Rush, no** – Set an even tempo to your game.
- **Hustling** – Working hard to get into proper position, and handling penalty assessment with ease.
- **Rushing** – Is over-hustling, outrunning plays for the sake of breaking a sweat or showing off.
- **Advantage vs. Disadvantage** – Every contact is not necessarily a foul.
- **Foul Calls** – Call only what you see, and don't call things that have no effect on the play.

- **Anticipate the play, not the call** – See the whole play from start to finish.
- **When the ball is dead, BE ALIVE** – Anticipate what may be coming next.
- **Courtesy will pay off** – “Thank you” and “Please” are of value.
- **It is not who is right, but what is right** – Make sure you get the call right no matter what.
- **Guts not arrogance, makes an official** – Make the correct call within the rules, and you will never go wrong.